



INTERMEDIATE LEVEL SEWING SKILLS TRAINING IN INCREASING INDEPENDENCE FOR MATANGKULI ASSISTED VILLAGERS

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Abstract

Sewing training was held as a contribution to improving the competence of individuals and community groups, especially mothers at UKM Bungong Jaroe, Sumbok Rayeuk village, Nibong sub-district, North Aceh district. The aim of this service activity is not only to provide additional special knowledge for mothers who have free time, to provide the opportunity to be independent with a home business but do not yet have the skills, as well as to build relationships with local residents. By carrying out this service, it is hoped that the participants will be able to carry out sewing businesses independently and in groups so that they can contribute to meeting family needs. This series of assistance also includes assistance in business management administration, additional production facilities; repair of business premises, sewing and embroidery machine support as well as intermediate level sewing training. The training participants consisted of group members who were already able to sew and 20 novice tailors. Involving certified instructors from training institutions in their fields. This activity is supported by PT PEMA Global Energi (PGE) and the Cendikia Community Ukhuwah Foundation (YUMC).

Keywords: *Women Empowerment, Tailoring Training, Entrepreneurship, Income*

INTRODUCTION

Sewing skills training is organized to equip, add and improve sewing competencies in order to increase expertise, productivity and welfare of the surrounding community. The sewing training organized is a basic level of sewing that learns sewing methods from the beginning to the extent of being able to master sewing procedures about making clothes until they are finished and suitable to wear. Sewing skills are a skill to produce creativity in an effort to work on the process of connecting fabrics, fur, fauna skin or other materials that can be passed through sewing needles and threads (Sukmawati, 2018). The existence of a training affects a person's knowledge and self-reliance behavior. The women in Sumbok Rayeuk village mostly work as housewives, even though there is a lot of potential that can be optimized from women. Therefore, women also need to be equipped and guided directly with new skills. So that women in Sumbok Rayeuk village are able to move and improve their skills to help in the family economy. Women can create their own jobs, considering that most of the population earns a living as farmers and laborers. Training according to (Kaswan, 2016) is a process to improve one's knowledge and skills. Training can also include attitudes on behavior so that someone is able to perform tasks and can complete effectively. However, Lembaga Keahlian dan Pelatihan (LKP) "LAMKARUNA" Matangkuli sub-district, North Aceh is a non-formal education unit organized for people who need provision of knowledge, life skills, and attitudes to develop themselves, develop professions, work, independent businesses, and / or to continue education to a higher level (Mahmudah, 2016).

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Times are changing, human needs are also increasing. Society as a collection of humans also has increased needs. One of the needs of the community is the need for clothing or clothing. Clothing is defined as something that covers the body. In accordance with the times and technology, clothes are not only used to cover and protect themselves, but also for beauty. Therefore, clothing fashion emerged. The existing clothing model continues to grow rapidly so that clothing becomes an industry that is quite calculated.

Meanwhile, women in Sumbok Rayeuk Village, North Aceh District, depend on their husbands for their livelihood. The burden of life in fulfilling family needs is getting heavier. So that there is a desire among women to help the family economy. Seeing the desire of the villagers of Sumbok Rayeuk, especially mothers and it is not closed to the possibility of teenage daughters also in increasing their independence in meeting the needs of families whose daily lives are difficult in meeting family needs and the potential for syar'i clothing, encourages the Malikussaleh University Community Service (PKM) team to help overcome problems by conducting Community Partnership Service activities. It is hoped that with this training the community can produce their own clothes (syar'i) which can be used for entrepreneurial opportunities, increase independence and family income and can develop their own business from home (home industry) as a form of community economic improvement.

Activity Objective

The purpose of this service activity is to increase knowledge, instill independence and life skills, especially sewing, which will later become an alternative productive business for residents who can increase their family income.

Activity Benefits

The benefits of the service activities carried out are:

- a. Sewing training is organized and shown as one of the solutions to equip, add and improve the sewing competence of the community, especially mothers.
- b. This activity is carried out for local mothers in order to form the independence of the mothers' business, especially this sewing service business, where these skills can help the family economy.
- c. This service activity can create positive interactions between local residents, and can provide additional knowledge specifically for mothers who have free time, exchange experiences and knowledge and can carry out communal production businesses in the Sumbuk Rayeuk village environment.

METHOD

a. Activity Implementation Method

This service activity consists of several activities; mentoring and consulting on sewing business management, providing additional production tools, and sewing and embroidering fabrics. The sewing training activity itself uses a pattern of approach through lectures, socialization, training, guidance and mentoring of mothers and young women who already have basic sewing skills and those who do not. Measurement of changes in participant behavior can be seen from the behavior of participants who change to become accustomed and able to produce syar'i clothing in an efficient way, good quality and models that suit market tastes, but still adhere to culture. Participants became aware of techniques for conducting effective and efficient production activities. Through this service activity, participants are also expected to increasingly have an entrepreneurial mentality and be able to increase their sales and networks after being given training. The training provided includes the following stages and materials:



Stage I:

- a. Innovative thinking, innovation in sewing training
- b. Overview of sewing empowerment activities
- c. This activity is viewed from the aspect of skills, and science
- d. Sewing steps
- e. Sewing techniques
- f. Determination of materials, sizes, colors, and models based on consumer desires
- g. Independence and income
- h. Phase II: Sewing steps and techniques to determine the model, neatness and comfort of consumers
- i. Phase III: Sewing practice carried out by mothers in turn
- j. Stage IV: Discussion and evaluation
- k. Stage V: Preparation of follow-up plans

b. Training Participants

The participants who became the object of training were mothers and young women of Sumbo Rayeuk village, totaling 20 people who were selected based on team observations at the initial stage of service planning. The location of the sewing training was carried out

c. Time & Place of Training Implementation

Sewing training activities were carried out on November 19, 2023 with a busy training schedule. Carried out in a place that has excellent facilities and national standards, namely in the LKP "Lamkaruna" / PKBM "Tunas Harapan" building, Meuria Village, Matangkuli, North Aceh. While the mentoring and consultation activities were carried out at the Bungong Jaroe SME's business, Sumbok Rayeuk village, Nibong, North Aceh.

d. Training Agenda

The lesson plan for this training has been consulted with the instructions and is proposed to cover the following topics:

- I. Material Presentation:
 - a. Basic concept of tatabusana
 - b. Pattern Introduction
 - c. Stages of sewing process
- II. Practice:
 - a. Studying fashion patterns
 - b. Cutting the fabric according to the pattern
 - c. Sewing
- III. Evaluation of training results

RESULTS AND DISCUSSION

a. Results of Service Implementation

The service activity was carried out on November 19, 2023 which was carried out with several stages of planning or pre-implementation, activity implementation and evaluation stages. This service activity is carried out in 4 stages, namely

1. Implementation of activities through the delivery of basic materials and creativity as well as materials about independence in sewing
2. Delivery of sewing steps and techniques
3. Practice sewing clothes with patterns that have been provided
4. Evaluation in the form of questions related to the results of sewing practice
5. Giving souvenirs.

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The first stage is carried out to provide very important insights and deepening that prospective entrepreneurs must have related to sewing and how to think innovatively and creatively. At this first stage, the participants generally understood a little about the understanding of sewing, but their insight was very minimal when viewed from the producer side and from the delivery of this material the participants gained clear insight and understanding of the concept of sewing skills which could later be used to increase income in the midst of difficult times.



Figure 1: Sewing Training Activity

The second stage continued with the delivery of material on basic sewing techniques in this session participants were equipped with knowledge about understanding sewing practices. An important point in this session was the realization to the trainees that neatness in sewing is a convenience for consumers. The third stage, then continued with the practice of sewing skirts with the technique of taking measurements, determining the model. Then the sewing practice is given an understanding of how to sew neatly, and the size that is in accordance with what consumers want. Stage four, at this stage an evaluation was carried out with questions from the mothers who attended the sewing training activities whose questions concerned how to determine the right size and comfortable to wear by consumers, cut the appropriate fabric size, determine the model and color according to the skin that consumers want.

b. Discussion

The last session was evaluated with questions and discussions with the women who attended this activity. In this session, the women asked several questions about the technique of sewing a skirt through a modern sewing machine and various things about how to take effective sewing steps. In addition, the head of the training committee motivated the housewives and young entrepreneurs participating in the training to remain enthusiastic in entrepreneurship even in the midst of difficult conditions and provided approaches to entrepreneurship in the midst of difficult times.



Figure 2: Sewing Training Activity

c. Target Community

The young women and mothers participating in the sewing training came from various hamlets in Sumbok Rayeuk village, Nibong sub-district, North Aceh district. They have varied sewing skills and some have not been able to sew well. Some people who are members of Bungong Jaroe SME are already involved in production activities and receive sewing services from consumers from various sub-districts in North Aceh. Following the training, the participants have been included in the Bungong Jaroe SME membership, and some have worked on orders from the SME at their own homes or at the SME's workplace. They also continue to receive mentoring from experienced seamstresses from Bungong Jaroe SME.

Discussion

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CLOSING

Based on the results of community service activities with the title “Intermediate sewing training for fostered villagers”, several conclusions can be summarized, among others:

- a. The activity went smoothly with the welcome and enthusiasm of the ladies who participated in this activity and showed an interest in developing their sewing skills well.
- b. There is good participation in participating in the training held in an effort to improve sewing skills which can later increase income.
- c. The interest of the women to increase their interest and talent in sewing.

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