

## TRAINING ON TABLE MANNERS FOR PKK WOMEN, PADANG SAKTI VILLAGE, MUARA ONE DISTRICT, LHOKSEUMAWE CITY

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### Abstract

*Eating Together is an activity that is often carried out by many people, especially in business cooperation with colleagues or colleagues. The term Table Manner is used as a term for eating ethics and rules in politeness and manners at the dinner table, how to sit, eat, drink using the correct cutlery, and leave the dinner table. The phenomenon found in Padang Sakti village regarding table manners is the lack of understanding of the community regarding the correct procedures for eating and drinking at the dinner table, especially at weddings which are part of official banquets. Where invited guests, especially in-laws, will be served officially. On average, people have very low ethics at banquets (weddings). Low ethics when eating or drinking shows a low social status as well. PKK women who are part of the community are seen as having an important role in shaping the ethics and social status of their community. Therefore, the partners chosen for this community service activity are PKK mothers. The main objective in carrying out table manners training activities for PKK Padang Sakti Village mothers is to develop Human Resources (HR) in the community and increase social status by adding insight, skills and confidence in organizing or attending banquets both within the community itself and outside the community environment. This activity was carried out by 1) Delivering material on banquet procedures, which included room and table arrangements, mealtime sharing, menus, serving rules, how to sit, how to use cutlery, eating procedures, how to talk and emergencies at the dining table. The entire material provided is interspersed with simulations. 2) The training ends with the practice of having a banquet by paying attention to and obeying the general rules of the banquet, including by maintaining ethics during the banquet. Mastery of manners at banquets shows personality and adjustment in relationships. From the training activities carried out, the PKK women in Padang Sakti Village have been able to understand and participate in the training well and understand how to eat good etiquette at the dinner table or commonly referred to as table manner.*

*Keywords: Table Manners, Ethics, Social Status.*

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### 1. INTRODUCTION

Padang Sakti Village is one of the villages in Muara Satu District. Most of the people work as farmers. Even though the life of the people of Padang Sakti Village is simple, they always want to realize the welfare of their family members by increasing their social status. Based on the results of interviews with the Head of Padang Sakti Village, there are still many people, especially PKK members who do not understand what table manners are, which is the etiquette at the dinner table. In addition, most of them still do not understand the importance of table manners at every banquet. So, it is feared that their ignorance of the importance of table manners will lead to differences in economic levels that occur and social status will be increasingly skewed.

Murni (2014) stated that eating ethics are rules at banquets that must be carried out while eating, while (Sohrah, 2016) states eating ethics are rules that can be followed when dining at the

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dinner table. It has become a standard rule that everyone does whether eating at home, restaurant or formal event. It has become a rule that is carried out for everyone, in table manner it is very important to be a guide in learning eating etiquette when at the dinner table. (Ekawatiningsih, 2008) states eating ethics which is courtesy at banquets. Table etiquette is quite simple, but there are some things that can be learned in how to sit up straight and not lean on the back of a chair, and not put your elbows on the table and use a napkin in your lap. Banquets are not just how to put food into the mouth but are related to certain eating ethics that can show one's personality. PKK members really need to learn table manners in the hope that they can continue and apply table manners in the Padang Sakti village environment or outside the Padang Sakti environment. In addition, in order to have skills in good eating habits at the dinner table, start with how to serve at the dinner table by conducting table manner training. PKK members really need to learn table manners in the hope that they can continue and apply table manners in the Padang Sakti village environment or outside the Padang Sakti environment. In addition, in order to have skills in good eating habits at the dinner table, start with how to serve at the dinner table by conducting table manner training. PKK members really need to learn table manners in the hope that they can continue and apply table manners in the Padang Sakti village environment or outside the Padang Sakti environment. In addition, in order to have skills in good eating habits at the dinner table, start with how to serve at the dinner table by conducting table manner training.

Currently there are still many demands as a professional who must or often adapts to the environment, socializing with intellectuals, by knowing table manners or often said eating ethics which are rules at the dinner table with rules for how to eat, drink, how to sit and using cutlery to the point of leaving the table.

According to Soekrisno (2005) table manner is the etiquette of eating at the dinner table which has its own rules at banquets which have stages that are provided alternately by providing appetizers to desserts. According to Pedit (2004) Table Manner which is often known as eating ethics is a rule at the dinner table with several ways of sitting, how to eat, drink and use cutlery until you leave the dinner table. Currently, these ethics are more often known by people who have interests such as businessmen, officials, important people, cooks, and others. Table manners are used by businessmen or officials to strengthen business relations and guarantee colleagues. The dining etiquette indirectly also provides a general image for family backgrounds or businesses and businesses. The ethics of association on a national and international scale cannot be separated from table manners. Dining etiquette or table manners are rules that must be followed when dining together at the dinner table. Learning etiquette at the dinner table is not just knowing manners when eating or using cutlery. Mastering table manners is also a form of self-image, even professionalism. A good understanding of table manners even affects career or business success. The dining table is the most important place where ethics are emphasized. Dining ethics or table manners are the rules that must be followed when dining together at the dinner table. Studying table etiquette is not just knowing how to eat or use cutlery. Mastering table manners is also a form of self-image, even professionalism. A good understanding of table manners even influences career or business success. The dining table is the most important place where ethics is emphasized. Dining ethics or table manners are the rules that must be followed when dining together at the dinner table. Studying table etiquette is not just knowing how to eat or use cutlery. Mastering table manners is also a form of self-image, even professionalism. A good understanding of table manners even influences career or business success. The dining table is the most important place where ethics is emphasized.

Mastery of manners at banquets is seen as capable of showing personality and adjustment in relationships so that self-confidence will be rooted in members. If you are able to show good table manners, this can add value to your social class in the eyes of others. Table manner ethics is considered as a separate social norm, where mastering table manners is the same as mastering good social skills.

(Bertens, 2004). Etiquette is relative, what is considered impolite in one culture may be considered polite in another culture. This etiquette is applied in social life, including at banquets. In its development, banquet etiquette spread to various corners, not only being applied to the nobility but also being applied by the general public as social values and adapted to the development of the globalization era.

Given how important social ethics are in society, especially at banquets, it is necessary to know the "Table Manner" procedures for PKK members of Padang Sakti Village, Muara Satu District, Lhokseumawe City. By participating in this training, it is hoped that participants will become more confident with the provision of knowledge of ethics at the dinner table, how to behave and maintain professionalism in all situations. "That means, under any circumstances, having dinner with friends, accompanying your husband, meeting colleagues, clients, or other formal invitations, you must still appear confident,".

## 2. IMPLEMENTATION METHOD

The method of implementing activities carried out to overcome partner problems, namely the lack of knowledge, skills and confidence in banquets for PKK members are as follows:

### 1. Identification Stage

At this stage a study is carried out from a theoretical point of view regarding how to organize banquets. Through initiation and based on site surveys and the results of interviews with PKK member women.



(a)



(b)

**Image 1.** (a) site survey; (b) together with the head of the PKK

### 2. Coordination Phase Between the Implementation Team and Partners (Partner Selection)

At this stage, partners are selected, namely PKK members, considering that PKK members are often involved in entertaining or being entertained by officials in the internal and external environment.



**Figure 2.** Partner's approval

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### 3. Training Stage

At this stage training is carried out. The training will be carried out for 1 day with the workshop method where the team implementing the service activities will explain the theories and concepts as well as the practice of banquet procedures. The material in this training includes (1) providing insight into the meaning and benefits of studying table manners (2) the importance of introducing cutlery and the history of cutlery and eating ethics. The goal is for partners to know the use of various formal cutlery that apply internationally and be able to show courtesy and quality of association. (3) the practice of banquet procedures, so partners directly apply them using cutlery, eating procedures and etiquette at the dinner table so that they are able to show an attractive personality and one's intellect.



(a)



(b)



(c)



(d)

**Figure 3.** (a) Preface; (b) Submission of theory; (c) Introduction of tools then (d) Practice the right way of eating in

### 3. RESULTS AND DISCUSSION

Community service activities carried out at the Twin Star Resto & Café with a total of 30 participants went well, the training participants were very enthusiastic about the training materials provided in the table manner training. So that all participants can follow the event well. Since the table manner training was carried out, now the PKK women in Padang Sakti Village, Muara Satu Subdistrict, Lhokseumawe City have been able to understand how to have good etiquette at the dinner table and at banquets so that they do not feel awkward or embarrassed when receiving official banquets. With this table manner training, PKK women were greatly helped in adding knowledge in ethics during banquets. This training was held on Monday, October 24, 2022, the activity lasted for one day.

Appetizers tend to have a salty taste, which aims to arouse the appetite. The main course is the main dish, preferably one that contains carbohydrates, protein, and all the nutrients that the body really needs in appropriate portions and a dessert that tends to be sweet to neutralize the taste,

namely dessert. In addition, there are puddings, soups and teas that have their own rules for how to eat them.

The enthusiasm of the participants was very high when the table manners were presented. They paid close attention to the moment, Mrs. Hamdiah, SE, M.Sc explained, by immediately trying it as if they were attending a banquet. Many participants did not hesitate to ask questions about table manners and about the dishes served at the banquet.

Outcomes obtained include: (1) Publication of activities on social media, (2) Publication of activities on the Online Journal System (OJS) and (3) Signing of MoU for activities.



(1)



(2)

Figure 4. Outcome

#### 4. CONCLUSION

Eating Together is an activity that is often carried out by many people, especially in business cooperation with colleagues or colleagues. The term Table Manner is used as a term for eating ethics and rules in politeness and manners at the dinner table, how to sit, eat, drink using the correct cutlery, and leave the dinner table. Low ethics when eating or drinking shows a low social status as well. The main objective in carrying out table manners training activities for PKK Padang Sakti Village mothers is to develop Human Resources (HR) in the community and increase social status by adding insight, skills and confidence in organizing or attending banquets both within the community itself and outside the community environment. According to the table manner training evaluation conducted, higher education institutions have been able to provide benefits to the community by providing this service, especially to PKK women who are partners in this activity. The training that was carried out received a good response and high enthusiasm from partners. Partners can understand how good eating ethics are at the dinner table or what is commonly referred to as table manners. especially to PKK women who are partners in this activity. The training carried out received a good response and high enthusiasm from partners. Partners can understand how to eat good etiquette at the dinner table or what is commonly referred to as table manners. especially to PKK women who are partners in this activity. The training that was carried out received a good response and high enthusiasm from partners. Partners can understand how good eating ethics are at the dinner table or what is commonly referred to as table manners.

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