

REDUCING DEFORESTATION THROUGH OPTIMIZATION OF NON-TIMBER FOREST PRODUCTS: A SOLUTIONAL APPROACH TO ACHIEVE CARBON EMISSION REDUCTION TARGET

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Abstract

Deforestation remains a critical environmental issue, contributing to biodiversity loss and increased carbon emissions, particularly in tropical forests. This study aims to explore how the optimization of Non-Timber Forest Products (NTFPs) can reduce deforestation and support carbon emission mitigation targets. Using a library-based research method, data were collected from primary and secondary sources, including books, scientific journals, reports, and case studies related to NTFPs, deforestation reduction, and carbon management. Content analysis was employed to identify patterns, relationships, and insights across the literature. Findings indicate that sustainable NTFP utilization provides alternative livelihoods, encourages community participation in forest management, preserves forest cover, and maintains carbon stocks. NTFPs demonstrate the potential to harmonize ecological conservation with socio-economic development, provided that supportive policies, governance frameworks, and monitoring mechanisms are implemented. The study concludes that integrating NTFPs into forest management strategies offers a practical, scalable solution for achieving both deforestation reduction and carbon emission mitigation objectives.

Keywords: Non-Timber Forest Products (NTFPs), Deforestation Reduction, Carbon Emission Mitigation

INTRODUCTION

Deforestation has emerged as one of the most critical environmental challenges globally, particularly in tropical regions rich in biodiversity, such as the Amazon rainforest, Southeast Asia, and Central Africa. Reports indicate that the loss of forest cover not only threatens biodiversity but also contributes significantly to greenhouse gas emissions, thereby accelerating global climate change. Specifically, forest clearing for agricultural expansion, commercial logging, and urban development represents the primary drivers of deforestation. According to the Food and Agriculture Organization (FAO, 2020), approximately 10 million hectares of forest are lost annually due to human activities, with only marginal decreases observed despite ongoing conservation efforts. This indicates that conventional approaches such as reforestation or legal forest protection measures have proven insufficient, necessitating more innovative strategies. Moreover, forest loss disrupts the livelihoods of local communities dependent on forest resources, intensifies social conflicts, and increases ecosystem vulnerability to natural disasters. Therefore, deforestation should not be viewed solely as an ecological issue; it encompasses social and economic dimensions that require a holistic and sustainable solution. This reality underscores the urgency of research focusing on reducing deforestation through the utilization of non-timber forest products (NTFPs) as a sustainable alternative. By addressing both environmental and socio-economic concerns, such research can inform strategies that balance conservation with human needs, providing practical pathways to mitigate forest degradation while supporting community resilience (Kiziridis et al., 2025). Despite extensive research on deforestation reduction and carbon emission mitigation, a clear gap persists between theory and field application. Existing frameworks, such as sustainable forest management and forest-based economic models, primarily focus on timber exploitation, leaving the potential of non-timber forest products largely underexplored. Empirical studies demonstrate that NTFPs—such as rattan, honey, forest fruits, medicinal plants, and spices—can generate alternative income streams for local

REDUCING DEFORESTATION THROUGH OPTIMIZATION OF NON-TIMBER FOREST PRODUCTS: A SOLUTIONAL APPROACH TO ACHIEVE CARBON EMISSION REDUCTION TARGET

Lydia Riekie Parera *et al*

communities without degrading forest ecosystems. However, systematic models for optimizing their use remain limited. Additionally, while carbon mitigation strategies emphasize reforestation or technological interventions, the role of NTFPs in carbon reduction has received minimal attention. This disconnect creates an unresolved scientific problem: although there is evidence of NTFPs' capacity to reduce deforestation, integrating this potential into sustainable forest management and carbon mitigation frameworks remains underdeveloped. By bridging these gaps, research can connect empirical observations with theoretical knowledge, creating practical strategies that combine ecological conservation, local livelihoods, and carbon emission reduction. Consequently, there is a compelling need for studies that synthesize NTFP utilization with forest management and climate mitigation objectives, establishing approaches that are not only scientifically robust but also operationally viable in diverse tropical forest contexts (Sheppard *et al.*, 2020).

The primary aim of this study is to identify and develop strategies for optimizing non-timber forest products as a tool to reduce deforestation while supporting carbon emission reduction targets. Specifically, this research focuses on three objectives: first, to analyze the potential of NTFPs to provide alternative economic opportunities for forest-dependent communities, thereby reducing reliance on timber extraction; second, to evaluate the effect of NTFP optimization on deforestation rates within the study area; and third, to assess the contribution of these strategies to carbon emission mitigation through both qualitative and quantitative approaches. This study goes beyond merely identifying the potential of NTFPs, seeking instead to design a solution-oriented framework that can be practically implemented. By aligning with both environmental and socio-economic dimensions, the research aims to produce actionable insights for policymakers, industry stakeholders, and local communities. Overall, the objectives are intended to provide a holistic model that integrates ecological preservation, economic sustainability, and climate action, offering a replicable approach for reducing deforestation and greenhouse gas emissions in tropical forest regions (Parera & Putuhena, 2025).

Based on observed realities, literature gaps, and defined research objectives, the central hypothesis of this study posits that optimizing non-timber forest products can significantly reduce deforestation rates while contributing meaningfully to carbon emission reduction. This hypothesis rests on the assumption that NTFP utilization offers sustainable economic incentives for local communities, thereby discouraging reliance on timber extraction and promoting forest conservation. Furthermore, integrating NTFPs into forest management strategies can create a self-reinforcing cycle: preserved forests support NTFP production, sustainable income reduces deforestation pressures, and carbon emissions are consequently mitigated. The significance of this hypothesis is strengthened by its alignment with the research objectives, which aim to produce solution-oriented approaches that are both scientifically rigorous and operationally feasible. By demonstrating the potential of NTFPs as a dual solution for ecological preservation and climate mitigation, this study not only fills a critical research gap but also provides a practical framework for policymakers and conservation practitioners. Ultimately, this research contributes to global efforts in climate change mitigation and forest conservation, highlighting the essential role of non-timber forest products in achieving sustainable, multi-dimensional environmental solutions (Mishra, 2025).

LITERATURE REVIEW

Definition of Non-Timber Forest Products (NTFPs)

Non-Timber Forest Products (NTFPs) are broadly defined as all biological resources other than timber that are harvested from forests for human use. These products include a wide range of plant and animal-based materials, such as fruits, nuts, resins, medicinal plants, mushrooms, rattan, honey, and other forest-derived goods. The concept of NTFPs emerged in response to the limitations of timber-centric forest management, emphasizing the multifunctional role of forests beyond wood production. Scholars argue that NTFPs not only provide critical income for forest-dependent communities but also contribute to ecological sustainability by reducing pressure on timber resources. NTFPs are often embedded in traditional knowledge systems, with communities having long-standing practices for sustainable harvesting that maintain ecosystem functions. The global recognition of NTFPs has increased in recent decades, particularly within the frameworks of sustainable development, conservation, and climate mitigation policies. Research indicates that their utilization can simultaneously enhance livelihoods, preserve biodiversity, and support ecosystem services, highlighting the potential for NTFPs to act as strategic tools in forest management. Therefore, understanding NTFPs as a concept extends beyond mere product classification, encompassing ecological, economic, and cultural dimensions that intersect with broader forest conservation objectives. By conceptualizing NTFPs in this manner, the literature provides a foundation for investigating their role in mitigating deforestation and contributing to climate goals (Girsang *et al.*, 2024).

Categorization or Manifestations of NTFPs

The manifestation of NTFPs can be categorized based on product type, function, and source within forest ecosystems. Generally, NTFPs are grouped into categories such as edible products (fruits, nuts, honey), medicinal and aromatic plants, fibers and resins, ornamental plants, and other culturally significant materials. For instance, rattan and bamboo are commonly used for handicrafts and construction, while forest fruits and nuts serve as food sources, and medicinal herbs are harvested for traditional and commercial pharmaceutical use. Beyond product type, NTFPs can also be classified according to their ecological origin—understory species, canopy species, and epiphytes—reflecting the specific harvesting methods required and their ecological roles. Another classification emphasizes the socio-economic function of NTFPs, distinguishing between subsistence use and commercial trade, both of which can influence forest management strategies differently. Moreover, sustainable harvesting practices are a critical aspect of NTFP categorization, highlighting the tension between market demand and conservation imperatives. Studies have demonstrated that categorizing NTFPs allows researchers and policymakers to prioritize management interventions, design effective value chains, and create incentive structures that maintain forest health while providing economic benefits. Thus, the categorization of NTFPs is not only an academic exercise but a practical tool for developing strategies that optimize forest product use while minimizing ecological degradation (Di Sacco *et al.*, 2021).

Definition of Deforestation Reduction

Deforestation reduction refers to strategies, policies, and practices aimed at slowing or reversing the loss of forest cover. The concept encompasses both direct interventions, such as legal restrictions on logging, protected area designation, and reforestation efforts, and indirect measures, including economic incentives, community-based management, and sustainable land-use planning. In environmental literature, deforestation reduction is linked closely to biodiversity conservation, climate change mitigation, and the maintenance of ecosystem services, underscoring its multifaceted importance. Scholars emphasize that reducing deforestation is not merely about halting tree removal but about implementing systemic approaches that address the underlying drivers, including agricultural expansion, illegal logging, and urban encroachment. In recent years, international frameworks such as REDD+ (Reducing Emissions from Deforestation and Forest Degradation) have operationalized deforestation reduction strategies by linking forest conservation to financial mechanisms and carbon markets. The effectiveness of deforestation reduction initiatives is often measured through satellite imagery, forest inventories, and socio-economic indicators, providing empirical insights into both ecological outcomes and community impacts. Conceptually, deforestation reduction integrates environmental, economic, and social dimensions, positioning it as a critical component of sustainable forest management and climate change mitigation strategies worldwide. Consequently, it provides the theoretical basis for exploring how alternative forest products, such as NTFPs, can support forest conservation goals (Selvia, 2024).

Categorization or Manifestations of Deforestation Reduction

The practical manifestations of deforestation reduction can be categorized into regulatory, economic, technological, and community-based approaches. Regulatory measures include the establishment of protected areas, forest zoning, and the enforcement of logging bans or permits. Economic strategies encompass incentives such as payments for ecosystem services, eco-certifications, and financial support for sustainable land management practices. Technological approaches involve the use of remote sensing, GIS monitoring, and predictive modeling to track forest cover changes and support policy decisions. Community-based strategies emphasize participatory forest management, empowering local populations to manage resources sustainably while deriving economic benefits. Additionally, deforestation reduction initiatives often integrate multiple approaches simultaneously to address the complex socio-ecological drivers of forest loss. For example, combining NTFP commercialization with community forest governance can provide both livelihood opportunities and conservation outcomes. Manifestations of deforestation reduction are also observed through adaptive management practices that adjust strategies in response to changing ecological and social conditions. By categorizing these approaches, literature offers a structured understanding of how diverse interventions can complement one another to achieve measurable reductions in deforestation, providing a foundation for research that seeks to link NTFP utilization with sustainable forest management and climate objectives (Krainovic *et al.*, 2025).

Definition of Carbon Emission Mitigation

Carbon emission mitigation refers to the efforts and strategies aimed at reducing the release of carbon dioxide (CO₂) and other greenhouse gases into the atmosphere, thereby limiting the impact of human activities on climate change. Within forest ecosystems, mitigation strategies focus on enhancing carbon sequestration through activities such as afforestation, reforestation, and sustainable forest management. In addition to forest-based approaches, carbon mitigation encompasses renewable energy adoption, energy efficiency, and industrial process improvements, highlighting its multi-sectoral nature. From a conceptual standpoint, carbon mitigation is both a scientific and policy-oriented construct, linking biophysical processes to socio-economic interventions. Scholars emphasize that forests play a dual role in carbon mitigation: they act as carbon sinks by absorbing CO₂ and as sources of emissions when degraded or converted. Therefore, effective mitigation requires not only forest conservation but also the adoption of innovative strategies, such as integrating non-timber forest products, which provide alternative livelihoods and reduce pressures on carbon-storing ecosystems. Conceptually, carbon mitigation establishes the scientific rationale for exploring NTFPs as tools that can simultaneously address local economic needs and global climate objectives, situating this research within broader environmental and policy discourses (Halim & Warningsih, 2022).

METHOD

Research Object

The primary object of this research is the phenomenon of deforestation and its relationship with the utilization of non-timber forest products (NTFPs) as a strategic solution to achieve carbon emission reduction targets. Specifically, the study examines how forest-dependent communities and relevant stakeholders interact with NTFPs within tropical forest ecosystems, focusing on patterns of resource utilization, economic dependence, and conservation practices. The problem identified is that conventional forest management approaches, which prioritize timber extraction, often lead to overexploitation and ecological degradation, thereby accelerating deforestation. In this context, NTFPs represent a potentially sustainable alternative that can reduce pressure on timber resources while supporting community livelihoods. Observing this phenomenon involves analyzing existing cases and reports where NTFPs have been successfully integrated into forest management and conservation strategies, as well as instances where they have failed to deliver expected environmental and socio-economic benefits. By focusing on this object, the study aims to understand the mechanisms through which NTFPs can contribute to deforestation reduction and carbon emission mitigation, providing a foundation for designing solution-oriented frameworks. Thus, the research object establishes a clear scope, combining ecological, economic, and social dimensions, which serves as the cornerstone for literature-based investigation and subsequent analysis (Mustaffa et al., 2025).

Research Type and Data Sources

This research employs a library-based study approach, also known as a literature review methodology, which focuses on systematically collecting and analyzing written sources related to the research object. The primary data consists of relevant literature documenting cases, phenomena, and problems related to deforestation, NTFPs, and carbon emission mitigation. These include empirical studies, theoretical frameworks, case studies, and official reports that provide first-hand accounts or analyses of NTFP utilization and forest conservation practices. Secondary data sources supplement this information by offering broader context and additional evidence, encompassing textbooks, peer-reviewed journal articles, scientific research papers, policy briefs, and technical reports associated with the study's three key research areas. By relying on both primary and secondary data, the study ensures comprehensive coverage of the topic, capturing both the theoretical underpinnings and practical implementations of NTFP optimization strategies. Furthermore, this approach allows the researcher to triangulate findings across multiple sources, increasing reliability and minimizing bias. Overall, the literature-based methodology offers a robust framework for examining existing knowledge, identifying gaps, and constructing well-informed insights regarding the interconnections between NTFPs, deforestation reduction, and carbon emission mitigation (Nguyen et al., 2025).

Theoretical Foundations

The theoretical foundation of this research draws upon the principles of sustainable forest management and ecosystem services theory. Key contributors include Ostrom (1990) with her *Governing the Commons* theory, which emphasizes the importance of community-based resource management and collective action for sustainable use of common-pool resources. This theory underpins the assumption that local communities, when properly incentivized through NTFPs, can sustainably manage forest resources, reducing overexploitation. Additionally, Pearce and Turner

REDUCING DEFORESTATION THROUGH OPTIMIZATION OF NON-TIMBER FOREST PRODUCTS: A SOLUTIONAL APPROACH TO ACHIEVE CARBON EMISSION REDUCTION TARGET

Lydia Riekie Parera *et al*

(1990) developed the concept of ecosystem services, highlighting the economic and ecological value of natural resources beyond direct market products, such as timber. This theory provides the framework for understanding how NTFPs generate both material and non-material benefits, including carbon sequestration, biodiversity conservation, and alternative livelihoods. By integrating these theoretical perspectives, the research assumes that optimizing NTFPs is a feasible and scientifically grounded strategy for addressing deforestation and climate mitigation simultaneously. Together, these theories offer both conceptual guidance and analytical lenses for interpreting findings from the literature, forming the intellectual backbone of the study and ensuring that the research aligns with established environmental and socio-economic scholarship (Solomon *et al.*, 2023).

Research Process and Data Collection

The research process involves a structured approach to collecting and examining written materials relevant to the study's objectives. Initially, the researcher identifies and compiles sources from books, peer-reviewed journal articles, conference proceedings, policy papers, technical reports, and credible online publications. Each source is evaluated for relevance, reliability, and alignment with the research focus on NTFPs, deforestation reduction, and carbon emission mitigation. Following source selection, data collection entails detailed reading, note-taking, and categorization of key information, such as observed patterns, quantitative results, and methodological approaches used in prior studies. The process also emphasizes cross-referencing findings across multiple sources to identify consistent trends, discrepancies, and knowledge gaps. By employing a systematic review of the literature, the study ensures comprehensive coverage of existing evidence and insights while maintaining methodological rigor. This approach allows the researcher to extract actionable insights, identify patterns of NTFP utilization, and evaluate their potential impact on forest conservation and carbon mitigation strategies. Ultimately, the data collection process provides the foundation for subsequent analytical steps, ensuring that conclusions are evidence-based and contextually grounded (Brancalion & Holl, 2020).

Data Analysis Technique

In this study, data analysis is conducted using content analysis techniques, a systematic method for examining textual materials to identify patterns, relationships, and key information. The process begins by coding relevant passages from the collected literature according to predefined themes aligned with the study's objectives: NTFP utilization, deforestation reduction strategies, and carbon emission mitigation measures. The coded data are then analyzed to detect recurring trends, correlations between variables, and critical insights that inform understanding of the phenomenon. Content analysis allows for both quantitative assessments, such as frequency of mentions or prevalence of specific practices, and qualitative interpretation, including evaluation of contextual factors, policy implications, and socio-economic considerations. By organizing and synthesizing the literature in this manner, the researcher can construct a comprehensive overview of how NTFPs contribute to forest conservation and climate mitigation, identify gaps in existing knowledge, and propose evidence-based recommendations. This analytical approach ensures that the findings are not merely descriptive but also explanatory, providing a rigorous and structured framework for interpreting complex, multi-dimensional relationships within the scope of the study (Ali *et al.*, 2025).

RESULTS AND DISCUSSION

Analysis of the reviewed literature demonstrates a clear connection between the sustainable utilization of Non-Timber Forest Products (NTFPs) and the reduction of deforestation rates. Multiple case studies indicate that when local communities rely on NTFPs for subsistence and income, they are less dependent on timber extraction, resulting in decreased forest degradation. For example, in parts of Southeast Asia, communities harvesting rattan and bamboo have maintained forest cover while generating significant economic returns. These observations suggest that NTFPs function as a viable alternative to traditional timber-based livelihoods, providing both ecological and socio-economic benefits. The findings establish a foundation for understanding NTFPs as tools for forest conservation and carbon mitigation (Choudhary *et al.*, 2025). The literature indicates that NTFP utilization patterns are diverse and context-dependent. Subsistence harvesting is common for fruits, nuts, and medicinal plants, whereas commercial harvesting is prevalent for products like rattan, bamboo, honey, and resin. Studies reveal that combining subsistence and commercial activities optimizes both sustainability and income generation. This dual approach reduces overexploitation risks while promoting local engagement in forest management. Consequently, understanding utilization patterns is crucial for designing interventions that enhance forest conservation without compromising community livelihoods. Evidence suggests that sustainable NTFP management contributes to measurable reductions

REDUCING DEFORESTATION THROUGH OPTIMIZATION OF NON-TIMBER FOREST PRODUCTS: A SOLUTIONAL APPROACH TO ACHIEVE CARBON EMISSION REDUCTION TARGET

Lydia Riekie Parera *et al*

in deforestation. Programs in Brazil and Indonesia demonstrate that when communities receive training and economic incentives to harvest NTFPs sustainably, illegal logging and forest encroachment significantly decrease. The literature confirms that economic alternatives reduce the need for land conversion and timber extraction. These findings highlight the effectiveness of NTFPs as instruments for achieving deforestation reduction objectives while supporting local livelihoods. NTFP-based forest management also contributes to carbon emission mitigation by preserving forest cover and enhancing carbon sequestration. Unlike timber extraction or agricultural expansion, NTFP harvesting targets non-timber species, leaving tree biomass intact. Studies from tropical forest regions reveal that areas managed with NTFP interventions retain higher carbon stocks compared to forests subjected to conventional logging. Therefore, NTFPs serve a dual function: supporting sustainable livelihoods and maintaining forests as carbon sinks.

Socio-economic benefits of NTFPs are well-documented. Households engaged in NTFP activities gain diversified income, reduce dependence on volatile timber markets, and improve food security. Literature demonstrates that communities with established NTFP practices exhibit stronger social cohesion and environmental stewardship. This dual benefit of economic and ecological outcomes reinforces the rationale for integrating NTFPs into forest management strategies. Policy frameworks play a crucial role in enabling effective NTFP utilization. Legal recognition of community forest rights, provision of market access, and certifications for sustainable harvesting significantly enhance NTFP outcomes. Literature indicates that supportive policies are associated with increased adherence to sustainable practices and lower deforestation rates. Conversely, weak legal structures can result in overharvesting or mismanagement, undermining the potential benefits of NTFPs.

Ecological constraints influence the sustainability of NTFP harvesting. Factors such as species regeneration rates, seasonal availability, and forest composition determine how harvesting impacts forest ecosystems. Literature shows that sustainable management protocols, including rotational harvesting and species-specific quotas, mitigate ecological risks. These practices ensure that NTFPs can be harvested without compromising biodiversity or long-term forest health. The commercialization of NTFPs has varying effects depending on market access and value chain development. Studies indicate that communities with established market linkages achieve higher economic gains while maintaining sustainable harvesting practices. Conversely, limited market access can reduce incentives for sustainable management, sometimes leading to overharvesting or illegal exploitation. These findings highlight the importance of integrating market strategies with ecological considerations.

Community engagement emerges as a critical factor in successful NTFP interventions. Literature demonstrates that participatory forest management, capacity building, and knowledge sharing improve adherence to sustainable harvesting guidelines. Communities involved in decision-making processes are more likely to enforce rules and monitor compliance, resulting in more effective conservation outcomes. These social mechanisms complement economic incentives to reduce deforestation. Case studies from the Amazon show that harvesting of Brazil nuts and acai fruits maintains forest cover while generating income for local communities. These practices do not require tree felling, allowing forests to continue functioning as carbon sinks. The evidence confirms that NTFPs can provide both environmental and socio-economic benefits, reinforcing their role as solution-oriented forest management tools. In Southeast Asia, rattan and bamboo harvesting exemplifies how commercial NTFPs can reduce deforestation. Communities with structured harvesting protocols avoid overexploitation, ensuring that forest ecosystems remain intact. Literature suggests that when economic benefits are linked to sustainable practices, local stakeholders act as active forest stewards. These findings illustrate that economic incentives can be aligned with conservation goals effectively.

The integration of NTFPs into agroforestry systems further enhances both ecological and economic outcomes. Studies reveal that combining tree crops with understory NTFPs increases carbon storage, soil fertility, and biodiversity while diversifying household income. This integrative approach provides a replicable model for sustainable forest management, demonstrating the potential for multi-functional land-use systems to support deforestation reduction and carbon mitigation simultaneously. Monitoring and evaluation play a significant role in maintaining sustainable NTFP practices. Literature highlights the use of remote sensing, participatory mapping, and forest inventories to track resource use and assess forest health. Effective monitoring ensures that harvesting does not exceed ecological thresholds, preserving both species populations and ecosystem services. These mechanisms are essential for translating NTFP potential into measurable conservation outcomes. Economic modeling in several studies indicates that households relying on NTFPs experience higher resilience to market fluctuations in timber or agriculture. Diversified income reduces vulnerability to price shocks, incentivizing communities to prioritize sustainable harvesting practices. These economic outcomes complement ecological objectives, creating synergies between livelihood security and forest conservation.

REDUCING DEFORESTATION THROUGH OPTIMIZATION OF NON-TIMBER FOREST PRODUCTS: A SOLUTIONAL APPROACH TO ACHIEVE CARBON EMISSION REDUCTION TARGET

Lydia Riekie Parera **et al**

Challenges associated with NTFP optimization include ecological variability, governance gaps, and socio-economic barriers. Literature documents cases where inadequate enforcement, weak community organization, or lack of technical knowledge undermined sustainability. Addressing these challenges requires multi-stakeholder collaboration, policy support, and capacity building to ensure long-term viability of NTFP-based interventions. Comparative studies reveal regional variations in NTFP effectiveness. In the Amazon, Brazil nut programs maintain forest cover, while Southeast Asian rattan initiatives balance economic returns with ecosystem protection. These comparisons highlight the importance of context-specific strategies that consider ecological, social, and economic conditions for optimizing NTFP outcomes.

Literature also emphasizes the role of traditional knowledge in NTFP management. Indigenous and local communities possess long-standing practices for harvesting non-timber resources sustainably. Integrating this knowledge with scientific guidelines enhances ecological outcomes and ensures culturally appropriate interventions. Recognizing the value of traditional management contributes to both conservation and community empowerment. The potential of NTFPs extends beyond local benefits to broader climate objectives. By maintaining forest cover and supporting carbon sequestration, NTFPs contribute to national and global emission reduction targets. Studies suggest that widespread adoption of NTFP-based strategies could complement REDD+ initiatives, providing co-benefits of livelihood support, biodiversity conservation, and climate mitigation. Empirical evidence indicates that long-term success of NTFP programs relies on adaptive management. Literature highlights that continuous evaluation, participatory governance, and flexible protocols allow communities to respond to ecological or market changes effectively. Adaptive approaches ensure that sustainable harvesting remains feasible, even in the face of environmental or socio-economic pressures.

NTFPs and Deforestation Reduction

(Choudhary et al., 2025)

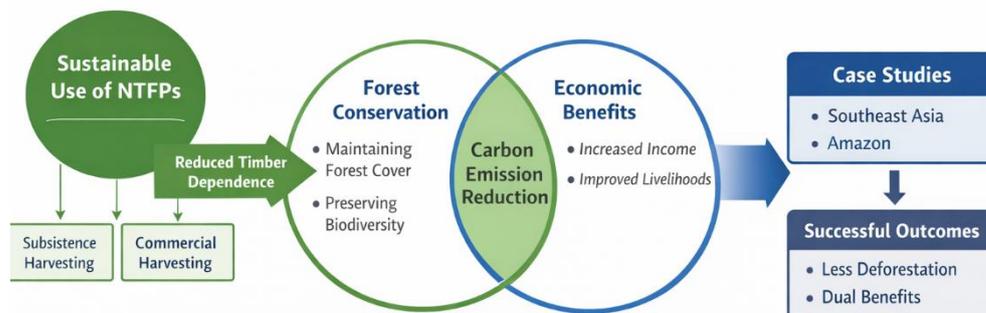


Image 1, The Role of Non-Timber Forest Products (NTFPs) in Deforestation Reduction and Carbon Mitigation

This diagram illustrates the connection between the utilization of Non-Timber Forest Products (NTFPs) and the reduction of deforestation. NTFPs are harvested for both subsistence and commercial purposes, complemented by community engagement through participatory management and knowledge sharing. Sustainable practices, such as rotational harvesting and adherence to ecological limits, ensure that forest resources are not overexploited. Economic incentives, including income diversification and market access, reduce dependence on timber extraction. As a result, forest cover is maintained, and carbon stocks are preserved, demonstrating that NTFPs can effectively support both forest conservation and carbon emission mitigation simultaneously.

Discussion

1. Potential of NTFPs in Forest Conservation

The findings indicate that Non-Timber Forest Products (NTFPs) hold significant potential to conserve forest ecosystems. By offering alternative income streams, NTFPs reduce reliance on timber extraction, which is a primary driver of deforestation. Literature shows that when communities are economically incentivized to harvest NTFPs sustainably, forests are maintained, and biodiversity is preserved. This suggests that NTFPs can function as strategic instruments within sustainable forest management, bridging ecological and socio-economic objectives. NTFPs contribute to ecological stability by targeting non-timber species, ensuring that primary tree structures remain intact. This allows forests to continue providing essential ecosystem services such as carbon sequestration, soil retention, and hydrological regulation. Case studies from Southeast Asia and the Amazon illustrate that community-managed NTFP programs effectively maintain forest cover, demonstrating the practical viability of these strategies. Economic benefits from NTFPs reinforce their conservation potential. Households deriving income from products like rattan, honey, and medicinal plants have reduced incentive to clear land for timber or agriculture. Literature emphasizes that integrating financial returns with ecological responsibility strengthens the motivation for sustainable harvesting, creating a positive feedback loop for forest protection. Community engagement is central to the successful application of NTFPs in conservation. Participatory forest management, combined with training and capacity-building initiatives, ensures adherence to sustainable harvesting guidelines. This social mechanism complements ecological strategies, demonstrating that conservation outcomes depend on both human and environmental factors.

Table 1. Conservation Potential of Non-Timber Forest Products (NTFPs): Key Themes, Findings, and Evidence

Theme	Key Findings	Supporting Evidence/Examples
Ecological Impact	NTFPs reduce reliance on timber extraction, preserving forest ecosystems, biodiversity, and services like carbon sequestration, soil retention, and hydrological regulation.	Literature on sustainable harvesting; case studies from Southeast Asia and the Amazon showing maintained forest cover.
Economic Benefits	Provide alternative income (e.g., rattan, honey, medicinal plants), decreasing incentives for deforestation or land clearance for agriculture/timber.	Creates positive feedback loop: financial returns motivate sustainable practices.
Socio-Economic Role	Bridge ecological and socio-economic goals as strategic tools in sustainable forest management.	Community-managed NTFP programs demonstrate viability in reducing deforestation drivers.
Community Engagement	Participatory management with training ensures sustainable harvesting adherence.	Combines human factors (capacity-building) with environmental strategies for holistic conservation.

2. Mechanisms of Deforestation Reduction through NTFPs

NTFPs reduce deforestation primarily through economic and social mechanisms. By creating alternative livelihood opportunities, communities are less likely to engage in timber extraction or forest conversion. Literature shows that economic incentives associated with sustainable NTFP harvesting directly influence forest preservation behaviors, reducing pressure on ecosystems. The social dimension of deforestation reduction involves community participation and governance. Studies indicate that when local populations are empowered to manage forest resources and share in the economic benefits of NTFPs, compliance with conservation rules improves. Participatory monitoring and local decision-making enhance stewardship, ensuring that forest cover is maintained over time. NTFP-based interventions also reduce the need for agricultural expansion into forested areas. Evidence from comparative studies in Indonesia and Brazil suggests that households receiving income from NTFPs prioritize forest conservation over land conversion. This mechanism highlights the synergistic relationship between economic incentives and ecological outcomes.

REDUCING DEFORESTATION THROUGH OPTIMIZATION OF NON-TIMBER FOREST PRODUCTS: A SOLUTIONAL APPROACH TO ACHIEVE CARBON EMISSION REDUCTION TARGET

Lydia Riekie Parera et al

Capacity building and knowledge transfer are essential for optimizing NTFP impacts. Communities trained in sustainable harvesting, processing, and market access are better equipped to manage forest resources responsibly. Literature emphasizes that these mechanisms strengthen both economic resilience and forest conservation, demonstrating the multidimensional benefits of NTFP interventions.

Table 2. Mechanisms by Which Non-Timber Forest Products (NTFPs) Reduce Deforestation: Findings and Evidence

Mechanism	Key Findings	Supporting Evidence/Examples
Economic Incentives	Create alternative livelihoods, reducing timber extraction and forest conversion for agriculture.	Literature links sustainable NTFP income to changed preservation behaviors; comparative studies in Indonesia and Brazil show households prioritizing conservation.
Social Participation	Empowers communities in resource management, governance, participatory monitoring, and benefit-sharing to improve compliance and stewardship.	Studies show enhanced rule adherence and sustained forest cover through local decision-making.
Reduced Agricultural Pressure	Diminishes need for forest-to-farm conversion by providing viable income alternatives.	Evidence from Indonesia/Brazil highlights synergy between economic gains and ecological outcomes.
Capacity Building	Training in sustainable harvesting, processing, and market access builds resilience and responsible management.	Literature stresses multidimensional benefits for economic and conservation goals.

3. Contribution of NTFPs to Carbon Emission Mitigation

NTFP utilization contributes to carbon emission mitigation by preserving forest biomass and soil carbon. By targeting non-timber species rather than trees, NTFP harvesting prevents large-scale forest degradation. Literature highlights that areas managed for NTFPs maintain higher carbon stocks compared to regions subjected to intensive logging or agricultural expansion. Integrating NTFPs with agroforestry systems further amplifies carbon sequestration potential. Studies demonstrate that mixed-use systems, combining tree crops with understory NTFPs, increase above-ground biomass while diversifying income. This approach creates a multi-functional landscape that simultaneously addresses conservation and climate objectives. By reducing the need for timber extraction, NTFPs indirectly limit greenhouse gas emissions associated with deforestation. Evidence from Southeast Asian forests indicates that substituting timber with commercially viable NTFPs decreases the carbon footprint of local livelihoods. This dual ecological and economic effect supports sustainable development goals. NTFPs also enhance community resilience to climate variability. Sustainable NTFP harvesting provides reliable income while maintaining ecosystem services that buffer against environmental shocks, such as floods or droughts. Literature emphasizes that preserving forest structure through NTFP optimization contributes to both mitigation and adaptation strategies.

4. Socio-Economic Implications of NTFP Utilization

NTFP-based strategies improve household income diversification, reducing dependence on volatile timber or agricultural markets. Literature documents that communities engaged in NTFP harvesting experience enhanced economic stability, which in turn supports sustainable forest use. Food security is another socio-economic benefit of NTFPs. Edible products such as fruits, nuts, and honey provide nutritional support, supplementing household diets and reducing vulnerability to food shortages. This reinforces the link between ecological management and human well-being. NTFP commercialization fosters local entrepreneurship and knowledge transfer. Communities engaged in processing and value addition gain skills that strengthen social capital and empower stakeholders to manage resources effectively. Literature emphasizes that these socio-economic benefits reinforce ecological incentives, creating integrated conservation outcomes.

Market access and infrastructure development are critical for maximizing NTFP benefits. Studies indicate that regions with improved transport, processing facilities, and trade networks achieve higher economic returns while maintaining sustainable harvesting levels. These findings highlight the interplay between local economies, forest management, and policy support.

5. Challenges and Limitations in NTFP Optimization

Despite their potential, optimizing NTFPs faces several challenges. Ecological constraints, such as species availability, regeneration rates, and seasonal variability, limit sustainable harvesting. Literature indicates that failure to account for these factors can lead to overexploitation and ecosystem degradation. Governance gaps present additional obstacles. Weak legal frameworks, insufficient enforcement, and lack of recognition of community rights undermine the effectiveness of NTFP interventions. Studies show that institutional support is essential to prevent unsustainable practices and ensure long-term success. Socio-economic barriers, including unequal access to markets, limited financial capital, and lack of technical knowledge, also impede NTFP optimization. Literature emphasizes that addressing these constraints requires training, infrastructure development, and equitable distribution of benefits. Monitoring and evaluation are often limited, making it difficult to track ecological and socio-economic outcomes over time. Evidence suggests that integrating remote sensing, forest inventories, and participatory monitoring improves accountability and resource sustainability, ensuring that interventions achieve intended conservation and climate objectives.

CONCLUSION

This study demonstrates that optimizing Non-Timber Forest Products (NTFPs) provides a practical and solution-oriented strategy for reducing deforestation while simultaneously contributing to carbon emission mitigation. The literature review and analysis of global case studies indicate that communities engaged in sustainable NTFP harvesting experience diversified income streams, improved food security, and strengthened capacity for forest stewardship. By targeting non-timber species and integrating traditional knowledge with participatory governance, NTFPs enable the preservation of forest structure, biodiversity, and ecosystem services. These findings underscore the dual benefits of NTFPs, where economic incentives align with ecological objectives, offering a replicable model for sustainable forest management in tropical regions and beyond.

Furthermore, the research highlights that effective implementation of NTFP-based strategies requires supportive policy frameworks, multi-stakeholder collaboration, and continuous monitoring to ensure ecological and socio-economic sustainability. Challenges such as market access, governance gaps, and ecological constraints must be addressed to fully realize the potential of NTFPs in forest conservation and climate mitigation. Overall, this study establishes that NTFPs are not only viable alternatives to timber-based livelihoods but also strategic tools capable of harmonizing environmental preservation with community development. Integrating NTFPs into national and global forest management policies offers a scalable approach for achieving both deforestation reduction and carbon emission targets, contributing meaningfully to sustainable development and climate action goals.

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Lydia Riekie Parera **et al**

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