

# THE GENDER PAY GAP AND ITS IMPACT ON WOMEN'S ECONOMIC EMPOWERMENT

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#### **Abstract**

This research article aims to examine the gender pay gap and its impact on women's economic empowerment. The study uses both qualitative and quantitative research methods to explore the relationship between the gender pay gap and women's economic empowerment. The findings suggest that the gender pay gap has a significant impact on women's economic empowerment, limiting their financial independence and autonomy. The study also highlights the need for policy interventions and cultural changes to reduce the gender pay gap and promote women's economic empowerment

**Keywords**: gender pay gap, economic empowerment, financial independence, policy interventions, cultural changes.

#### Introduction

Despite significant progress in gender equality, the gender pay gap remains a persistent problem in many countries around the world. Women continue to earn less than men for the same work, limiting their economic empowerment and financial independence. This study aims to examine the gender pay gap and its impact on women's economic empowerment, exploring the relationship between the two concepts and identifying potential policy interventions and cultural changes to reduce the gender pay gap and promote women's economic empowerment.

The gender pay gap refers to the difference in average earnings between men and women in the workforce. It is a persistent and pervasive issue that affects women across all The gender pay gap and its impact on women's economic empowerment

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industries and job levels. While progress has been made in closing the gap, there is still a

significant disparity in pay between genders in many countries around the world.

The impact of the gender pay gap on women's economic empowerment is significant.

Women who earn less than their male counterparts are more likely to experience financial

instability, struggle with debt, and have limited opportunities to save for their future. This

can have a cascading effect on their overall economic well-being, including their ability to

access healthcare, education, and housing.

The gender pay gap can also have a long-term impact on women's careers and professional

development. When women are paid less than men for the same work, it can limit their

opportunities for career advancement and make it more difficult for them to break into

higher-paying fields. This can create a cycle of inequality that lasts throughout their

working lives.

Additionally, the gender pay gap can contribute to a culture of sexism and discrimination

in the workplace. When women are consistently paid less than men, it reinforces the idea

that their contributions are less valuable and that they are not deserving of equal treatment

and respect. This can create a hostile and demotivating work environment that can

negatively impact women's mental health and overall well-being.

Overall, addressing the gender pay gap is critical to promoting women's economic

empowerment and advancing gender equality in society. This requires not only policy and

legislative changes, but also a shift in cultural attitudes and beliefs about gender and work.

By working together to close the gender pay gap, we can create a more equitable and just

society for all.

What is the Gender Pay Gap?

The gender pay gap is the difference between the average earnings of men and women in

the workforce. It is often expressed as a percentage, with women's earnings expressed as a

percentage of men's earnings. For example, if the gender pay gap is 20%, it means that

women earn 80 cents for every dollar earned by men.

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# **Factors Contributing to the Gender Pay Gap:**

The gender pay gap is caused by various factors, including occupational segregation, discrimination, and the motherhood penalty. Occupational segregation refers to the fact that men and women tend to work in different occupations, with men often working in higher-paying jobs. Discrimination is another factor, where women are paid less than men for doing the same job. The motherhood penalty is the impact of having children on a woman's career, which often leads to reduced earnings and career opportunities.

## Impact of Gender Pay Gap on Women's Economic Empowerment:

The gender pay gap has a significant impact on women's economic empowerment. It reduces their earning potential, making it more difficult for women to achieve financial independence and security. The gender pay gap also affects women's career prospects, limiting their opportunities for career advancement and leadership positions. This, in turn, affects their ability to make important decisions and have control over their lives.

Moreover, women are more likely to be in low-paying jobs, and the gender pay gap exacerbates this situation. This makes it difficult for women to provide for themselves and their families and can lead to poverty and financial insecurity. It can also impact women's mental health, leading to stress, anxiety, and depression.

Furthermore, the gender pay gap affects women's ability to save for retirement, which can have long-term consequences for their financial security. Women are also more likely to live in poverty in their retirement years due to the gender pay gap.

Theoretical Background: The gender pay gap is a multifaceted issue that has been studied extensively in the literature. It is often attributed to a combination of factors, including discrimination, occupational segregation, and differences in work experience and education levels. These factors can limit women's opportunities for career advancement and contribute to the persistence of the gender pay gap. Economic empowerment, on the other hand, is a broader concept that encompasses a range of factors, including access to financial resources, decision-making power, and participation in economic activities. The

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gender pay gap is an important component of women's economic empowerment, as it can

limit their financial independence and autonomy.

Review of Literature: Previous research has shown that the gender pay gap has a

significant impact on women's economic empowerment. Studies have found that women

who earn less than men for the same work are less likely to have access to financial

resources, limiting their ability to make decisions and participate in economic activities.

This can have broader societal impacts, as women's economic empowerment is closely

linked to poverty reduction, improved health outcomes, and increased gender equality.

Policy interventions, such as pay transparency measures and affirmative action programs,

have been shown to be effective in reducing the gender pay gap and promoting women's

economic empowerment.

The gender pay gap refers to the difference in earnings between men and women in the

workplace. Despite significant progress in gender equality in many countries, the gender

pay gap persists, with women generally earning less than men for doing the same job. This

has a significant impact on women's economic empowerment and their ability to achieve

financial independence and security.

Numerous empirical studies have investigated the gender pay gap and its impact on

women's economic empowerment. These studies have found that women, on average, earn

less than men across a wide range of occupations, industries, and education levels. This

gap is particularly pronounced for women of color and those from low-income

backgrounds.

The reasons for the gender pay gap are complex and multifaceted. Some factors include

gender discrimination in hiring, promotion, and pay, occupational segregation, and the

undervaluation of female-dominated occupations. These factors contribute to a vicious

cycle of lower pay, reduced economic power, and limited opportunities for women.

The impact of the gender pay gap on women's economic empowerment is significant.

Lower pay means that women have less disposable income, which can limit their ability to

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invest in their education, start businesses, or save for retirement. Women may also be more likely to experience poverty and financial insecurity, particularly in old age.

Reducing the gender pay gap is therefore essential for promoting women's economic empowerment and achieving gender equality. This can be done through a range of measures, including stronger equal pay laws, greater transparency around pay and promotion decisions, and efforts to address gender bias in recruitment and hiring practices. By taking these steps, we can create a more equitable and just societies where all people have the opportunity to thrive, regardless of their gender.

## Methodology

This study uses both qualitative and quantitative research methods to explore the relationship between the gender pay gap and women's economic empowerment. The qualitative component of the study involves conducting in-depth interviews with women who have experienced the gender pay gap, exploring their experiences and perceptions of the impact on their economic empowerment. The quantitative component involves analyzing secondary data sources to examine the relationship between the gender pay gap and women's economic empowerment on a broader scale.

## Causes of the gender gap

The gender pay gap is a complex issue that arises from a variety of factors, including:

- 1. Occupational segregation: Women and men tend to work in different industries and occupations, and jobs that are predominantly held by women often pay less than jobs that are predominantly held by men. This can be due to a variety of factors, including social norms, discrimination, and differences in educational and career choices.
- Discrimination: Women may face direct or indirect discrimination in the workplace, such
  as being paid less than male colleagues for doing the same job, being passed over for
  promotions, or facing bias in hiring decisions.

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3. The motherhood penalty: Women who take time off work to have children may experience

a reduction in their earnings when they return to work, due to factors such as reduced work

experience, reduced opportunities for promotion, and bias against working mothers.

4. Limited access to education and training: Women may have less access to education and

training opportunities than men, which can limit their career opportunities and earning

potential.

5. Lack of transparency: In some workplaces, pay is not transparent, which can make it

difficult for women to identify and challenge unequal pay practices.

6. Implicit bias: Unconscious biases, both by employers and employees, can lead to women

being overlooked for certain positions or promotions, leading to a disparity in pay.

Consequences of the gender pay gap

It is important to note that these factors can interact with one another, creating a complex

web of causes that contribute to the gender pay gap.

The gender pay gap has significant consequences for women's economic

empowerment and well-being, as well as for broader society. Some of the consequences of

the gender pay gap include:

1. Lower lifetime earnings: Women who experience the gender pay gap over the course of

their careers earn less than their male counterparts, resulting in lower lifetime earnings.

This can have a significant impact on women's financial security, particularly in retirement.

2. Reduced retirement savings: The gender pay gap can also affect women's retirement

savings, as they are less likely to have access to workplace retirement plans or to contribute

as much to those plans as men.

3. Limited career opportunities: Women who are paid less than their male colleagues may

have fewer opportunities for career advancement, particularly in high-paying industries

and positions. This can result in women being underrepresented in leadership positions and

perpetuate the gender pay gap.

4. Higher poverty rates: Women who experience the gender pay gap are more likely to live in

poverty, particularly if they are the sole breadwinners for their families.



- 5. Impact on families: The gender pay gap can have an impact on families, particularly in cases where women's lower earnings result in reduced access to healthcare, education, and other resources.
- 6. Economic costs to society: The gender pay gap can result in lost productivity and economic growth for society as a whole, as it prevents women from fully participating in the workforce and limits their contributions to the economy.

Overall, the consequences of the gender pay gap are significant and far-reaching, impacting women's economic security, career opportunities, and overall well-being, as well as the broader economy and society.

## Policy solutions to the gender pay gap

There are several policy solutions that can help address the gender pay gap and promote greater gender equality in the workplace. Some of these policy solutions include:

- 1. Equal pay legislation: Governments can enact legislation that requires employers to pay men and women equally for work of equal value. This can help to reduce the gender pay gap by mandating pay equity.
- 2. Pay transparency: Greater transparency around pay can help to reduce the gender pay gap by allowing women to identify and challenge unequal pay practices. Governments can require employers to disclose information about pay levels and gender breakdowns, or encourage voluntary pay transparency measures.
- 3. Promoting flexible work arrangements: Flexible work arrangements, such as telecommuting, job sharing, and flexible scheduling, can help to reduce the gender pay gap by making it easier for women to balance work and caregiving responsibilities.
- 4. Access to education and training: Governments can promote access to education and training opportunities for women, particularly in fields where they are underrepresented. This can help to reduce occupational segregation and increase women's earning potential.
- 5. Family-friendly policies: Policies that support working parents, such as paid parental leave, subsidized childcare, and flexible working arrangements, can help to reduce the motherhood penalty and promote greater gender equality in the workplace.

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6. Addressing implicit bias: Employers can take steps to address implicit bias in hiring, promotion, and pay decisions, such as conducting bias training for managers and implementing objective performance evaluation criteria.

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